**Living the Liturgical Year: Mardi Gras – Lent – Holy Week Resource Page**

Mardi Gras History

<https://www.simplycatholic.com/mardi-gras/>

<https://www.dynamiccatholic.com/lent/fat-tuesday.html>

<https://www.teachingcatholickids.com/celebrate-mardi-gras/>

<https://churchlifejournal.nd.edu/articles/let-the-good-times-roll-mardi-gras-and-the-liturgical-life/>

Ash Wednesday

<https://aleteia.org/2021/02/16/5-meaningful-ways-to-observe-ash-wednesday-at-home/>

<https://aleteia.org/2018/02/11/how-to-bury-the-alleluia-before-lent/>

Lent

<https://www.usccb.org/prayer-and-worship/sacraments-and-sacramentals/penance/examinations-of-conscience>

<https://bustedhalo.com/ministry-resources/so-you-want-to-go-to-confession>

<https://catechistsjourney.loyolapress.com/resources/40-ideas-for-40-days/>

<https://www.catholicicing.com/lenten-activities-for-children/>

<https://catholicsprouts.com/40-faith-building-lenten-activities/>

<https://www.catholichomebody.com/lent-activities-for-families/>

Saint Days

<https://www.loyolapress.com/catholic-resources/saints/saints-stories-for-all-ages/calendar/>

<https://www.franciscanmedia.org/saint-of-the-day/calendar/>

Holy Week

Unleavened Bread recipe <https://www.catholicicing.com/baked-unleavened-bread-with-kids/>

Tenebrae Service <https://catholicallyear.com/blog/the-triduum-at-home-a-tenebrae-service/>

Liturgical Year Resource Books

Living the Seasons by Erica Tighe Campbell <https://beaheart.com/pages/living-the-seasons>

The Catholic Catalogue by Melissa Musick and Anna Keating <https://www.amazon.com/Catholic-Catalogue-Field-Guide-Daily/dp/1101903171>

Catholic All Year by Kendra Tierney <https://a.co/d/9izW13C> and the prayer companion <https://a.co/d/9rybgfZ>

Around the Year with the von Trapp Family <https://a.co/d/gsqtNgs>

Drinking with the Saints by Michael Foley <https://a.co/d/g5rjPqg>

Dining with the Saints by Father Leo Patalinghug and Michael Foley <https://a.co/d/4o9zR6s>